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<u>POST-OPERATIVE INSTRUCTIONS FOLLOWING INSERTION OF EAR VENTILATION</u> TUBES

WHAT TO EXPECT:

- 1. The patient may experience drainage for the first 2 to 3 days following surgery. This drainage may be bloody, yellowish, or watery. Please to not attempt to clean the inside of the ear canal. You may clean the outside of the ear with a face cloth containing water or mild soap. If you find there is an excessive amount of drainage, you may place a cotton ball on the outside of the ear canal.
- 2. The patient may experience some mild pain following surgery. You may administer ibuprofen or liquid Tylenol as needed.

WHAT YOU SHOULD DO:

1. Water precautions are important while ventilating tubes are in place. When washing your hair or bathing, a cotton ball or lamb's wool should be placed on the outside of the ear canal. Vaseline should be placed on the outside of the cotton ball or lamb's wool. This is done so that no water will permeate the cotton or lamb's wool.

Note: There are custom-made swim molds that are available - please inquire