

## ALLERGY TEST INSTRUCTIONS

Patient: \_\_\_\_\_

Date of Test: \_\_\_\_\_ Time of Test: \_\_\_\_\_

Follow-up Appt: \_\_\_\_\_

With: Keith D. Jorgensen, MD Michael J. McCarthy, PA-C

Your allergy test will take approximately **1 ½ hours** to complete, and the results are immediate.

The test is performed by a number of injections just under the top layer of skin.

The following instructions must be followed in order to insure the accuracy of your test:

- ✓ Wear a short-sleeve shirt as the test will be performed on your upper arm.
- ✓ Stop taking medications containing antihistamines 7 days prior to your test. Some examples of these medications are as follows:

Benadryl	Claritin/Claritin-D
Dimetapp	Clarinex
Sinus Tabs	Allegra/Allegra-D
Contac	Zyrtec/Zyrtec=D
Dristan	Xyzal

- ✓ Astelin nasal spray and Patanase nasal spray must be discontinued 48 hours prior to testing. Other nasal sprays (ie. Nasonex, Flonase, Nasarel, Rhinocort, Nasacort, Veramist) are okay to continue.
- ✓ Beta blockers, a high blood pressure medicine, must be discontinued 3 – 5 days prior to testing. Please check with your primary healthcare provider regarding this and any temporary substitutions.  
(See list on back of this page)
- ✓ Asthmatic patients **should not stop** any of their inhalers or other asthma medicines prior to testing. If you are unsure regarding any medication you are currently taking for asthma please call.
- ✓ Patients with skin disorders may need to stop some other medications 7 days prior to testing but only under the direction of their physician.
- ✓ Tranquilizers or sleeping medication must be discontinued 3 days prior to testing.
- ✓ Please check with your pharmacy or our office with **any questions** regarding your medications.

You are responsible for verifying coverage for allergy services with your insurance company and for obtaining a referral when required.

Subsequent treatment will be discussed with you once the testing has been completed.

**IF YOU DO NOT SHOW FOR THIS APPOINTMENT YOU WILL BE REQUIRED TO PAY A FEE OF \$25**

## BETA BLOCKER DRUGS

### ORAL

Apo-Metoprolol	(metoprolol)
Apo-Propranolol	(propranolol hydrochloride)
Betaloc	(metoprolol)
Betapace	(sotalol hydrochloride)
Blocadren	(timolol maleate)
Cartrol	(carteolol hydrochloride)
Corgard	(nadolol)
Detensol	(propranolol)
Inderol	(propranolol)
Kerlone	(betaxolol)
Levatol	(penbutolol sulfate)
Lopressor	(metoprolol)
Navopranol	(propranolol)
Sectral	(acebutolol hydrochloride)
Sotacar	(sotalol hydrochloride)
Tenormin	(atenolol)
Toprol	(metoprolol succinate)
Trandate	(labetalol hydrochloride)
Trasicor	(oxprenolol hydrochloride)
Visken	(pindolol)
Zebeta	(bisoprolol fumarate)

### OCULAR

Betagan	(levo-bunolol)
Betopic	(betaxolol)
Timoptic	(timolol)

### COMBINATION PRODUCTS

Cabetaloc	(metoprolol-hydrochl)
Inderide	(propranolol-hydroch)
Tenoretic	(atenolol-hydrochl)
Timolide	(timolol-hydrochlor)
Viskazine	(pindolol-hydrochl)
Ziac	(Bisoprolol fumarate-hydrochloride)